



TXBC Newsletter



NEW YEAR, NEW LEADERSHIP

Chair—Kristine Keller, BS, IBCLC, RLC

After struggling with direct feeding and spending countless hours attached to a pump, I simply did not understand why providing human milk was SO challenging... and where was the lactation support when I needed it? At that point, I decided to answer my own questions. I have been fortunate to work in WIC Clinics, Mom’s Place—the WIC Lactation Clinic, a Hospital, as well as a Pediatric Dental Office (which specialized in oral ties). Having experience in these varied positions helped me find my passion, which led me to private practice. Since 2015, I have been owner/operator of Operation Lactation. I am also a retired HMBANA milk donor.

Past Chair & Interim Treasurer—Mellissa Alvarado, BAAS, BCLC, RLC

My breastfeeding journey started 20 years ago, when I became a mom. Breastfeeding struggles, lack of adequate support and desire to meet my baby’s needs led me to learn all I could about lactation. I became a lactation consultant to help new moms but I became an advocate to ensure that my own daughter has a different experience than I did so many years ago. I’m honored to have worked in public health and for the opportunity to collaborate with other incredible women who are committed to advocating for new families.

Equity Chair—Hada Kifaye Zawaideh

As an only child, I was not breastfed due to an old wives tale. However, I have always known breast was best. As a young mother and in an effort to bust those ridiculous myths, forged a better path for my own children and overcame my own breastfeeding issues. In the process, I became an ardent breastfeeding advocate. I have been helping moms successfully breastfeed for 12 years at Austin Public Health WIC program. I am also the current President of the Central Texas Breastfeeding Coalition and have served in other positions on the board in the past. I look forward to helping support new mothers reach their breastfeeding goals and I strive to educate, advocate, and empower all new and soon-to-be mothers.

Legacy Board Member—Alisa Sanders, RN, IBCLC, RLC

The science of breastmilk is my passion. I have over 30 years of experience working in hospitals, outpatient clinics, pediatric offices, and even started a breastfeeding support clinic. My years of providing lactation care allowed me to serve as President of US Lactation Consultants Association, Chair of the Texas Breastfeeding Coalition, and winner of the UT Health President’s Award for Leadership.

INSIDE THIS ISSUE

- Upcoming Events2
- Educational Opportunities2
- Organizational Information3
- Announcements.....4
- Contact information.....4



UPCOMING EVENTS

TXBC Member call May 10, 2022

USBC Online Event June 7-9, 2022

World Breastfeeding Week August 1-7, 2022

National Breastfeeding Month August, 2022

Black Breastfeeding Week August 22-28, 2022

TXBC Fall Meeting Galveston, TX September 10, 2022

USLCA Norfolk, VA September 22-24, 2022

Never stop learning, because life never stops teaching...

EDUCATIONAL OPPORTUNITIES

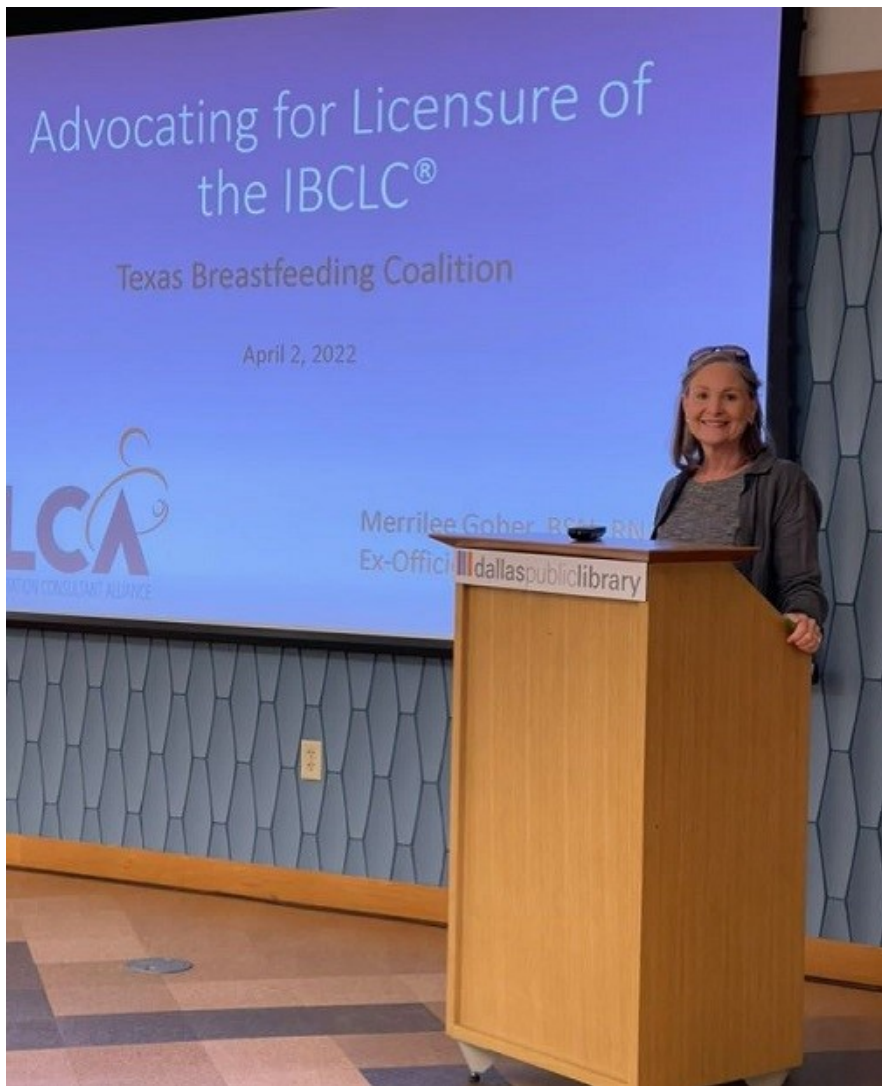
Breastfeed LA Virtual Training—[Finding My Way Back Home—The Journey To Skin To Skin In The NICU \(constantcontact.com\)](https://constantcontact.com)

GOLD Online Lactation Conference 2022—[GOLD Online Lactation Conference 2022 | Lactation & Breastfeeding Conference \(goldlactation.com\)](https://goldlactation.com)

Lactation Education Resources—[Lactation Education Resources - Home \(lactationtraining.com\)](https://lactationtraining.com)

IBCLC Education—[Lactation Education Program \(95 hours\) - College of Nursing and Health Innovation \(asu.edu\)](https://asu.edu)





WHO ARE WE?

We are an organization of moms, lactation consultants, organizational professionals, breastfeeding supporters and individuals, whose goal is the same...

to support and promoting the importance of human milk and breastfeeding.

Membership in the Texas Breastfeeding Coalition is open to all who protect, promote, and support policies and practices which enable Texas families to provide human milk to their children and/or meet their personal breastfeeding goals, including professionals, organizations, businesses, and individuals!

ORGANIZATIONAL INFORMATION

Member meetings will be held by phone, on a bimonthly basis, the second Tuesday of the month, starting on May 10th.

The newsletter will be on a bimonthly basis, starting this month.

A new website is under construction.

It's time to renew your membership!

For the rest of April and the entire month of May, it's BRING ONE, GET ONE (for individual memberships only)! Membership is \$20 for individuals, \$100 for small businesses/non profits & \$250 for businesses.



ANNOUNCEMENTS

We are accepting nominations for the following **board position**...

-Secretary

Contact name, phone number and e-mail are required for nominations.

Annual Membership Drive—Time to renew your membership! For the remainder of April, and all of the month of May, we are offering a BRING ONE, GET ONE for individual memberships. Small businesses (4 or less employees) and non-profits are \$100. All other businesses are \$250.

Scholarship information will be announced once information has been confirmed.

If you know of any events or opportunities happening locally, within the state or virtually, please e-mail the information to texasbfcoalition@gmail.com & we will add the information to future newsletters & on the Facebook Page.

Texas Breastfeeding Coalition

Phone: 214-641-5029
Fax: 855-940-4916
E-mail: texasbfcoalition@gmail.com

PLEASE
PLACE
STAMP
HERE

Name
Address



YOUR LOGO
HERE